Overview

1. Background
2. Recent findings
3. Survey content
4. Future surveys
Background
Methodology

- Continuous survey
- Sample from PAF
  - 8,000 adults
  - 2,000 children
- Face-to-face data collection
  - Interviewer and nurse visits

Commissioned by: Carried out by:

![HSCIC](health-social-care-information-centre.png)  ![NatCen](natcen-social-research.png)  ![UCL](ucl.png)
### Timescales

<table>
<thead>
<tr>
<th>Year</th>
<th>Development</th>
<th>Fieldwork</th>
<th>Annual Report</th>
<th>Data Archived</th>
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- **HSE 2014**
  - 2013: [Development]
  - 2014: [Fieldwork]
  - 2015: [Annual Report]
  - 2016: [Data Archived]
Recent findings
Key Findings - 2014

http://healthsurvey.hscic.gov.uk/

- **Hearing problems**: 18% of adults reported hearing difficulties.
- **Social care: need and receipt**: 24% of men and 33% of women aged 65 and over needed help with at least one Activity of Daily Living.
- **Social care: provision**: 17% of adults provided unpaid help or support and almost half of these were helping a parent.
- **Planning for future social care**: Almost half of participants said they had thought about how they will pay for care when they are older.
- **Alcohol consumption**: 5% of men drank more than 50 units a week and 4% of women drank more than 35 units a week.
- **Adult obesity**: Around a quarter of adults were obese.
- **Child obesity**: 17% of children aged 2-15 were obese, and an additional 14% were overweight.
- **Mental health problems**: Women were more likely than men to report ever having been diagnosed with a mental illness.

See previous reports.
Social care: need and receipt

http://healthsurvey.hscic.gov.uk/
Social care: need and receipt

http://healthsurvey.hscic.gov.uk/
Social care: need and receipt

Unmet need: proportion who needed help with at least one ADL or IADL and received no help in the last month, by age and sex

Base: Aged 65 and over

http://healthsurvey.hscic.gov.uk/
Adult obesity and overweight

http://healthsurvey.hscic.gov.uk/
Adult obesity and overweight: trend

http://healthsurvey.hscic.gov.uk/
Adult obesity and overweight

Hypertension prevalence, by waist circumference and sex

Base: Aged 16 and over with valid waist and blood pressure measurements

Desirable  High  Very high

Men  Women

http://healthsurvey.hscic.gov.uk/
Other key findings

Child obesity: 17% of children aged 2-15 were obese and an additional 14% overweight

Hearing problems: 18% of adults reported hearing difficulties

Alcohol consumption: 5% of men drank more than 50 units a week and 4% of women drank more than 35 units a week
Survey content
Interview: core content

- General health, longstanding illness
- Estimated height and weight
- Personal care plans
- Height and weight measurements (BMI)
- Fruit and vegetable consumption
- Drinking (in the last 7 days)
- Social care
- Mental health (GHQ12)
- Overall health (EQ5D)
- Smoking
- Doctor diagnosed hypertension and diabetes
- Data linkage: mortality, cancer, Hospital Episode Statistics
Nurse: core content

- Medication, vitamins, nicotine products
- Infant immunisations
- Blood pressure
- Waist and hip circumference
- Blood sample
- Saliva sample
Additional content: 2016

**Interviewer**
- Physical Activity
- Cider
- Problem gambling (within the self-completion booklet)
- Liver & kidney disease

**Nurse**
- Access to weight management services
- Additional blood analytes: creatinine (for eGFR), cystatin–C, ALT, AST, platelets
- Additional urine analytes
Possible additional content: 2017

- Cardio-vascular disease
- End of life care
- Chronic pain
- Problem gambling
Future surveys
Possible cuts

• Budget cuts required
• Consultation

• Potential areas:
  1. Reduce planned spend on website development
  2. Reducing the scale of reporting
  3. Reducing core interview content
  4. Reducing the scale of nurse fieldwork
Future surveys

• Exploring the possibility of ethnic boost
  • Last included in 2004

• 25 years of HSE data
  • Website development
  • Interact with the data
  • Explore trends

- Hearing problems: 18% of adults reported hearing difficulties
- Social care: need and receipt: 24% of men and 33% of women aged 66 and over needed help with at least one Activity of Daily Living
- Planning for future social care: Almost half of participants said they had thought about how they will pay for care when they are older
- Alcohol consumption: 5% of men drank more than 50 units a week and 4% of women drank more than 30 units a week
- Adult obesity: Around a quarter of adults were obese
- Child obesity: 17% of children aged 2-15 were obese, and an additional 14% were overweight
- Mental health problems: Women were more likely than men to report ever having been diagnosed with a mental illness
- See previous reports
Thank you

If you want further information or would like to contact us

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Visit us online, www.hscic.gov.uk/health-survey-england

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